

# Sumner/Bonney Lake Recreation Department

## Revised-Elementary Volleyball League Rules

### National Federation Rules will apply with recreation Department modifications

1. Home Team as designated on schedule, will get their choice of either court side or first service.
2. Each team must supply a line judge. Line judge may be a parent or helper.
3. Matches will consist of three rally score games to 21 points capped at 23. Unless the game goes to 23, the game must be won by 2 or more points. "Capped", means that a game cannot go past 23 points. So, if the game is tied at 22 points apiece, the next point will win the game. Net service will be in effect.
4. Each team must provide a suitable ball for matches (ball must be an official size/weight ball – no Volley Lite).
5. Teams may play with a minimum of 4 players and a maximum of 6 players on the court. You may only play with less than 6, if you are short players.
6. Players will rotate after each side-out.
7. Players may drop or catch the ball on their first serve of each term of service, for a re-serve opportunity. Only one drop allowed per a particular player's term of service. A second drop will be a side-out and point to the opposing team.
8. *If a player serves overhand on their first serve upon receiving possession of the ball, and the serve does not make it into play, the server will receive a re-serve. The re-serve may be served overhand or underhand. The re-serve only applies to an overhand serve on the first service attempt per term of service.*
9. Players will be allowed to serve no more than 6 successive serves in a row. After the 6<sup>th</sup> serve, there will be a side-out regardless of the result of the serve. If the serving team wins the point, the point will be awarded, then the ball will be given to the opposing team. No point will be awarded to the receiving team on a side-out that they did not earn.
10. *Players may serve from the 10', 15' 24' or the End-line depending on their ability, and may serve underhand or overhand. If starting in front of the End-line, a player must move back to the next line after 2 successful serves. Ex: If a player serves 2 serves from the 10' line, she must next serve from the 15' line. This pattern will continue for the term of service. Once a player serves 2 times successfully from one of the short lines, she must start her next term of service from the next line for the remainder of the match. If one coach approaches the other coach (and official) to allow a player to move back up and both coaches agree, exceptions may be made. Exceptions may also be made for a player who has to serve closer than the 10' line. Please inform the official prior to the start of the game if you have a player who is not able to serve from the 10' line.*
11. One 30 second timeout will be allowed per game.
12. *Service rotation and Substitution methods: Players must rotate into Center Back position when entering the game after a side-out in their favor. Once in the game, players will rotate to their left every time they regain*

*possession of service until it is their turn to serve. After serving and losing service, the server will rotate out of the game (unless there are no subs).*

13. No jewelry will be allowed (including rubber wrist bands).

14. Only soft, pliable hair barrettes or ties will be allowed. No metal barrettes.

15. Teams will switch sides after each game. To start the third game, captains from each team will play Rock, Paper, Scissors to decide service and court sides for the third game. Winner gets their choice of either first service or court side. The other team will get to choose what's left.

16. The ball will be considered out of bounds if a player enters into an adjacent court or into a dangerous area, to play it.

17. There will be 3 consecutive hits allowed per side/per serve. Blocks do not count as hits.

18. The official net height will be around or about 7'4".

19. Officials may be lenient (at their discretion), especially in the beginning of the season, but please teach your players to hit the ball properly.

20. First Aid: Officials will be given ice packs, but it is recommended that coaches bring a first aid kit or at least some band-aids.

**No food or drinks allowed in Sumner School District facilities except for water.**

**All children brought into the facility, must be supervised at all times. So, brothers and sisters may not be released to run through the schools while parents are busy watching the match.**

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