

SEAMOUNT LEAGUE – C TEAM MATCHES

The general consensus from the Athletic Directors is that they will follow the JV rules for everything regarding C team matches and that includes the warm-up time and number of sets.

1. 8th/7th Rally score 21-21-21 All games, capped at 23 points.
2. Warm-up is 7/7/2 for C team matches.
3. C team players will be allowed to serve from a line 3' in from the endline, but ONLY overhand.
4. C team players who want to serve underhand may only do so from behind the regular endline.
5. Libero will not be used in either level.