

TACOMA-PIERCE COUNTY VOLLEYBALL OFFICIALS BOARD

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JBLM Men's and Women's Rec League Volleyball will use NFHS rules in all programs
Valid 8/1/16-7/31/17

Joint Base Lewis-McChord

Teresa Hatch

253-966-1156

1. All recreation matches use a best 2/3 format.
2. The first two sets will be played to 25 points, no cap using RALLY SCORE.
The third set, if needed, will be played to 15 points, no cap.
3. Net serves are allowed and play will continue.
4. Teams may start and/or finish each game with a minimum of 4 players. If a team starts short handed, additional player(s) must enter into the next vacant position on the court.
5. There are no grace periods allowed for the start of matches. **Teams not ready to play at the scheduled time (at least four players) will forfeit their first set of the match. Teams not ready within 10 minutes of the starting time will forfeit the entire match.** Teams receiving a forfeit may play a practice match on the court.
6. Substitution Procedures: Substitutions will be on the honor system. Teams may substitute the regular way (player for player) or into the center back position. This procedure may change from set to set and each team can do it differently than its opponents. Players arriving late may be added to a lineup and enter the set at any time into the proper court rotation.
7. Teams will be allowed two (2) 30-second timeouts per game.
8. If warm-ups will not delay the scheduled start of a match and IF teams are not playing on an adjacent court, each team will be allowed up to two minutes of hitting by themselves and then the two teams will be allowed one minute of serving together—therefore warm-up is 2-2-1. No cross-court warm-up (spiking or serving) will be allowed when matches are in progress on adjacent courts. Setting, passing, and pepper, etc. on one side is permissible. When hitting or serving is part of the warm-up, it is preferred and recommended that at least two players be positioned to receive and collect the balls.
9. When a stray ball comes onto the court during play, players should first attempt to remove the ball and allow play to continue. If the act of removing the ball distracts the player from a potential play or there is a safety concern, immediately alert the referee to the situation. When safely possible, try to remove the ball without stopping play thus eliminating unnecessary delays.
10. Each team must provide a line judge however if unavailable they will be expected to help with line calls. If not, referees will make these calls and teams will respect the decision without question. Players questioning calls are subject to a yellow or red card sanction.
11. Players are expected to conduct themselves in an appropriate manner at all times, displaying good sportsmanship and respect toward officials, opposing players, recreation department staff and equipment. Disciplinary action will be taken for inappropriate conduct.
12. Men's and women's programs will follow the **NFHS** rulebook with appropriate **NFHS** or JBLM rule modifications as shown.

13. Special Rule Modifications:

- a. **Flat wedding bands/religious medals taped to the body/medical alert I.D. are allowed.**
- b. **Players will receive only ONE toss per service attempt (8 seconds). You may not toss, drop and toss again for service.**
- c. Teams may use a libero and the libero may serve, however all libero restrictions apply as per rulebook. If a libero is used they must wear a jersey in direct contrast to the team uniform as per book rule. No exceptions. The libero replacement process will be on the honor system.
- d. The ball may be contacted by ANY part of the body—intentionally or not. (Yes, the ball can be kicked).
- e. Multiple contacts on a team's first contact with one attempt to play the ball are legal.
- f. **A net foul will be whistled when a player contacts any part of the net including the net cables or antennas.**
It is not a foul when a player's loose hair touches the net. Insignificant contact of the net (including hair) by players not involved in the playing the ball will not be considered a fault.
- g. Unadorned bobby pins, no longer than 2 inches, and flat barrettes may be worn to control a player's hair. Hard head/hair bands (plastic, metal, etc.) may not be worn (if you can't compress it in your hand you can't wear it).
- h. **A player may touch the floor across the centerline with one or both feet/hands provided a part of the foot/feet or hand(s) remains on or above the centerline. Contacting the floor across the centerline with any other part of the body is illegal.**

14. Sportsmanship:

- a. **Swearing and abusive remarks by anyone to include coaches, players and spectators is not allowed and will be penalized accordingly.**
- b. **Any player ejected from the match must leave the facility. The ejected player has one minute to leave the facility or the team will forfeit.**

15. **Drinking/Smoking/Chewing Tobacco: No alcohol, smoking or chewing tobacco is permitted in or around the facility. Any player or coach under the influence of alcohol will not be permitted to participate.**