



WRCAP & Enumclaw Parks & Recreation Youth Volleyball Rules
National Federation High School rules will apply with modifications.

Game & Court Set-Up:

1. Net height will be 6'6"
2. An official size volleyball will be used for all matches.
3. There will be 4 serving lines 10ft, 15ft 24ft and endline. The 15ft and 24ft will be marked on the court with tape.
4. Officials will be supplied by WRCAP and Enumclaw Parks.
5. Each team must supply one line judge. It can be a student or parent.

Rules:

1. Teams are allowed 5 minutes of warm up time between matches.
2. A coin flip will determine the server.
3. Matches will consist of 3 games to 21 points using the rally score system. All matches are limited to 55 minutes. If there is a tie at 55 minute mark, the tie will be broken on the next point.
4. Teams may play with a minimum of four and a maximum of six players.
5. Each player must participate in at least 2 of the 3 matches.
6. Rest period between matches will be 2 minutes.
7. Teams will change sides between the first and second games.
8. Teams may make substitutions, only when the ball is dead. Players will automatically rotate into the center back position each time to ensure all players have the opportunity to develop skills at all positions.
9. Players will rotate after every sideout.
10. Players will be allowed to serve no more than six successful serves in a row. After the sixth successful serve in a row by a player, the ball then goes over to the opposing team. That team does NOT get a point but they DO rotate to the next server.
11. Players may catch or drop the ball for a re-serve opportunity. Only one re-serve per term of serve is allowed. Enforcement is at the discretion of the official.

12. Serving Rules:

a. 3rd & 4th grade Division Players may serve underhand from the 10', 15', 24' lines, and the endline. Overhand serving is only allowed at the 15ft, 24ft, or endline in this age group.

b. 5th & 6th grade division players may serve overhand only from the 24 ft line or the endline. Players who wish to serve at the 10' and 15' lines must serve underhand.

c. Once a player has served twice successfully in a row from a line, she must move back to the next line. This player may NOT serve from the closer line for the duration of the match since she has already demonstrated an ability to serve up close. If this player again serves from this line twice successfully in a row she must then move back to the next serving line and the same procedure is in effect.

d. EXCEPTIONS: Exceptions to this rule are allowed only with agreement of the opposing coaches and notification to the referee.

e. The above rule applies to each match separately.

13. One 20 second timeout per game is allowed.

14. No jewelry of any kind may be worn while playing. This includes earing studs.

15. No metal or plastic hair barrettes are allowed.